Introducing myself...
What about you?

- Who are you?

And..

- What is your first memory involving sport?

- (Find someone with a different eye color than you)
My first memory...
What comes into your mind when you see these pictures?
What about these pictures?
We know quite well what sport is, but do we really know what sport for all is?

2 lines of thought:

- We understand sport for all as a copy of professional top sport on a minor level.
Sport for all as the base of Elite sport

Sport for all is just the "broad basis" of the high pyramid of elite sport
But we can think in another perspective...

- Sport for all as a platform, where people play the game/do sport, following their own premises – how people voluntarily meet in diversity.
In SFA model, we do not necessarily have a top to reach...

Sport for all
Let’s take the case of football
Other practices...

- Street football – urban milieus
- Pub teams / workers football
- Children´s football – played just around the corner
- Circle football (Indonesia)
- Ethnic groups
- Football for peace and reconciliation – Open Fun Football Schools
- Pedagogical football – not focused on results, but on personal development.
Little bit of history...

- England - end of 19th century
- Sport for elite – only a few in the society had the time (and the money) to spend their days practising sport.
- Set of rules/ Oficial competitions
- Olympic Games (Pierre de Coubertin)
On the other hand...

- This model left behind what was happening in grass root level...
- Long historical tradition
- Different stories all around Europe:
  - Danmark – educational revolution 19th century/community work
  - England – Traditional games
  - German – Turnen
Sport for all in Denmark

• Associations
• Folk High Schools
• Why sport, physical activity, movement?
Global Challenge

OBESITY IS NOW A GLOBAL EPIDEMIC!
We have the solution...
Let’s move

- Sport is not only something we follow
- We can create our own rules
- We can share our experiences
- We can feel supported
• 2 groups
• Balls in different sizes

• Few dogmas:
• The ball must be in action all the time
• You have to interact with each other
• You must have a partner
• Create a game where the function of the ball is completely different than in a traditional sport.

• You must play 2x2, and include more people everytime you make a score.

• How do we score in this game?